

- SPECIAL EVENT -



## Transition Resilience in the context of COVID-19

This session will:

- ✓ outline the **INSIGHT** model of **TRANSITION RESILIENCE**
- ✓ explore the potential impact of COVID-19 on **INDIVIDUAL WELLBEING**

Guest Speaker: **Sheila Panchal**

Sheila is a business psychologist, CPsychol, MISCPAccred, with 20 years of experience. She specialises in transition coaching.



11 LUGLIO



ZOOM Conference



11.00 - 11.45



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**Per partecipare scrivere all'indirizzo email indicato**  
L'evento sarà solo in lingua inglese